

Sel et Poivre

Lunch menu

Appetizers

Soupe du jour \$8.95

Fish Soup \$10.95

French onion soup \$10.95

Terrine of foie gras with red wine grapes \$25.95

Mesclun salad with balsamic vinaigrette \$9.95

Crab cake with ginger sauce mixed green salad \$14.95

Apple and endive salad with Roquefort cheese \$11.95

Assorted cheese plate \$16.75

French green bean salad with almonds and carrots \$11.00

Country Duck Pate \$10.95

Celery root curry remoulade with red beets \$11.95

Escargots with garlic butter and herbs \$12.95

Risotto with mushrooms and leeks \$14.95

Artichoke vinaigrette \$12.95

Mussel's à la marinière or à la provençale with French fries \$16.95

Tarte flambé with onions, Muenster cheese, bacon and sour cream 15.95

Salads

Salade niçoise \$17.95

Kale Salad with Pecans, Chick Peas, Dried Cranberries, Bacon \$12.95

With grilled Chicken \$17.95

With grilled Shrimp \$19.95

The restaurant is available for private parties, special wine dinners, catering or other festivities.

For more information please ask for Christian.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.

Entrées

*Grilled salmon filet with white beans and string beans
in a creamy white wine sauce \$25.95*

Shrimp and Scallops Provencal with Vegetable Risotto \$25.95

Skate Fish with Rice, Vegetables and Lemon, Capers, Butter Sauce \$23.95

Brook trout amandine with broccoli and carrots \$24.95

Duck à l'orange with wild rice \$26.95

½ Oven-roasted chicken with french fries or mashed potatoes \$22.95

Grilled chicken paillard with mesclun salad and French fries \$21.95

Calf's liver à la lyonnaise with mashed potatoes and broccoli \$21.95

Veal Kidneys in mustard sauce with spinach, boiled potatoes \$23.95

Thin-cut steak frites and salad \$21.95

Aged New York sirloin steak with Roquefort or pepper cream sauce \$31.95

Bistro burger with French fries \$16.95

Tarte Flambé with Onions, Muenster Cheese, Bacon and sour cream \$18.95

Sautéed mixed vegetable plate \$17.95

*Omelette with herbs, cheese and mushrooms
with French fries or mesclun salad \$16.95*

Pastas

Fettuccine with chicken in a creamy pepper sauce \$18.95

Crab meat Ravioli, Peas in a mushroom sauce \$20.95

Sandwiches

All served with French Fries and salad \$14.95

Grilled chicken, lettuce and tomatoes

Scrambled eggs, Tomatos, cheddar cheese

Tuna, mayonnaise, celery, onions

Roasted vegetables with melted Swiss cheese